



# KOSHER HOT MENU - SEPTEMBER 2024

\*\*\*MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS\*\*\*



SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7	
<b>Omelette with Peppers and Onions</b> Italian Blend Vegetables Steamed Carrots <i>Fruit or Juice</i>	<b>Stuffed Cabbage w/ Beef</b> Toasted Barley with Mushrooms Steamed Sliced Carrots <i>Fruit or Juice</i>	<b>Teriyaki Baked Fish</b> Brown Rice Oriental Blend Vegetables <i>Fruit or Juice</i>	<b>Swedish Meatballs w/ Turkey &amp; Pasta</b> Braised Red Cabbage <i>Fruit or Juice</i>	<b>Curry Chickpea Stew</b> White Rice Zucchini Provencal <i>Fruit or Juice</i>	<b>Baked Asian Style Honey Chicken</b> Roasted Potatoes Italian Cut Green Beans <i>Fruit or Juice</i>	<b>Egg Salad</b> Macaroni and Pea Salad Coleslaw <i>Fruit or Juice</i>	
8	9	10	11	12	13	14	
<b>Cheese Lasagna Rollups</b> Roasted Butternut Squash Steamed Carrots <i>Fruit or Juice</i>	<b>Turkey Meatloaf w/ Mushroom Gravy</b> Mashed Potatoes Capri Blend Vegetables <i>Fruit or Juice</i>	<b>Baked Fish w/ Mustard Fish Sauce &amp; Sauteed Spinach</b> Rice Pilaf Braised Red Cabbage <i>Fruit or Juice</i>	<b>Sweet and Sour Chicken Meatballs</b> Kasha Varnishkes Steamed Carrots <i>Fruit or Juice</i>	<b>Mediterranean Lentil Stew</b> Roasted Butternut Squash Steamed Green Beans <i>Fruit or Juice</i>	<b>Roasted Chicken</b> Roasted Potatoes Sauteed Zucchini <i>Fruit or Juice</i>	<b>Tuna Salad</b> Macaroni and Pea Salad Coleslaw <i>Fruit or Juice</i>	
15	16	17	18	19	20	21	
<b>Omelette w/ Peppers and Onions</b> Roasted Potatoes Savory Braised Cabbage <i>Fruit or Juice</i>	<b>Dairy Free Chicken Kotleti</b> Roasted Butternut Squash Steamed Green Beans <i>Fruit or Juice</i>	<b>Fish w/ Tomatoes and Herbs</b> Brown Rice Steamed Zucchini <i>Fruit or Juice</i>	<b>Beef Meatballs w/ Homemade Tomato Sauce &amp; Pasta</b> Mashed Potatoes Savory Braised Cabbage <i>Fruit or Juice</i>	<b>Baked Falafel Balls</b> Jeera Rice Roasted Beets <i>Fruit or Juice</i>	<b>Roasted Chicken</b> Carrot Tzimmes Potato Kugel <i>Fruit or Juice</i>	<b>Egg Salad</b> Corn, Black Bean and Pepper Salad Red Cabbage Salad <i>Fruit or Juice</i>	
22	23	24	25	26	27	28	
<b>Cheese Lasagna Rollups w/ Tomato Sauce</b> Italian Blend Vegetables Steamed Carrots <i>Fruit or Juice</i>	<b>Turkey Burger w/ Peppers, Onions &amp; BBQ Sauce</b> Kasha Varnishkes Steamed Carrots <i>Fruit or Juice</i>	<b>Breaded Fish Fillet Dill Lemon Sauce Sauteed Spinach</b> Roasted Butternut Squash California Blend Vegetables <i>Fruit or Juice</i>	<b>Beef and Chicken Meatloaf w/ Mushroom Gravy</b> Roasted Potatoes Zucchini Provencal <i>Fruit or Juice</i>	<b>Vegetarian Three Bean Chili</b> Brown Rice Steamed Green Beans <i>Fruit or Juice</i>	<b>BBQ Chicken</b> Toasted Barley with Mushrooms Savory Braised Cabbage <i>Fruit or Juice</i>	<b>Tuna Salad</b> Macaroni and Pea Salad Coleslaw <i>Fruit or Juice</i>	
29	30						
<b>Cheese Blintzes</b> Roasted Butternut Squash Steamed Carrots <i>Fruit or Juice</i>	<b>Chicken Patty w/ Kiev Sauce</b> Rice Pilaf Steamed Carrots <i>Fruit or Juice</i>						

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).