



# KOSHER FROZEN MENU - AUGUST 2024

\*\*\*MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS\*\*\*



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
								1		2		3	
								Curry Chickpea Stew White Rice Zucchini Provencal <i>Fruit or Juice</i>		Baked Asian Style Honey Chicken Roasted Potatoes Italian Cut Green Beans <i>Fruit or Juice</i>		Salmon Cakes w/ Dill Lemon Sauce Roasted Sweet Potato Slices Braised Red Cabbage <i>Fruit or Juice</i>	
4		5		6		7		8		9		10	
Cheese Blintzes Roasted Butternut Squash Steamed Carrots <i>Fruit or Juice</i>		Chicken Patty w/ Peppers and Onions Kasha Varnishkes Roasted Beets <i>Fruit or Juice</i>		Baked Fish Oreganata Roasted Butternut Squash Oriental Blend Vegetables <i>Fruit or Juice</i>		Pasta w/ Meat Sauce Italian Blend Vegetables <i>Fruit or Juice</i>		Veggie Griller Burger w/ Cuban Black Beans Brown Rice Steamed Carrots <i>Fruit or Juice</i>		Lemon Chicken Sauteed Sweet Potatoes Italian Cut Green Beans <i>Fruit or Juice</i>		Stuffed Cabbage w/ Turkey & Homemade Tomato Sauce Toasted Barley with Mushrooms Steamed Carrots <i>Fruit or Juice</i>	
11		12		13		14		15		16		17	
Omelette with Peppers and Onions Roasted Potatoes Savory Braised Cabbage <i>Fruit or Juice</i>		Turkey Meatloaf w/ Mushroom Gravy Mashed Potatoes Capri Blend Vegetables <i>Fruit or Juice</i>		Baked Fish Mustard Fish Sauce Sauteed Spinach Rice Pilaf Braised Red Cabbage <i>Fruit or Juice</i>		Sweet and Sour Chicken Meatballs Kasha Varnishkes Steamed Carrots <i>Fruit or Juice</i>		Mediterranean Lentil Stew Roasted Butternut Squash Steamed Green Beans <i>Fruit or Juice</i>		Roasted Chicken Roasted Potatoes Sauteed Zucchini <i>Fruit or Juice</i>		Baked Breaded Fish w/ Dill Lemon Sauce Roasted Butternut Squash California Blend Vegetables <i>Fruit or Juice</i>	
18		19		20		21		22		23		24	
Cheese Lasagna Rollups w/ Tomato Sauce Italian Blend Vegetables Steamed Carrots <i>Fruit or Juice</i>		Dairy Free Chicken Kotleti Roasted Butternut Squash Steamed Green Beans <i>Fruit or Juice</i>		Fish w/ Tomatoes and Herbs Brown Rice Sauteed Zucchini <i>Fruit or Juice</i>		Beef Meatballs w/ Homemade Tomato Sauce & Pasta California Blend Vegetables <i>Fruit or Juice</i>		Baked Falafel Balls Jeera Rice Roasted Beets <i>Fruit or Juice</i>		Roasted Chicken Carrot Tzimmes Potato Kugel <i>Fruit or Juice</i>		Turkey Meatballs w/ Homemade Tomato Sauce & Pasta Roasted Zucchini <i>Fruit or Juice</i>	
25		26		27		28		29		30		31	
Cheese Blintzes Roasted Butternut Squash Steamed Carrots <i>Fruit or Juice</i>		Turkey Burger w/ Peppers and Onions & BBQ Sauce Kasha Varnishkes Steamed Carrots <i>Fruit or Juice</i>		Breaded Fish Fillet Dill Lemon Sauce Sauteed Spinach Roasted Butternut Squash California Blend Vegetables <i>Fruit or Juice</i>		Beef and Chicken Meatloaf w/ Mushroom Gravy Roasted Potatoes Zucchini Provencal <i>Fruit or Juice</i>		Vegetarian Three Bean Chili Brown Rice Steamed Green Beans <i>Fruit or Juice</i>		BBQ Chicken Toasted Barley with Mushrooms Savory Braised Cabbage <i>Fruit or Juice</i>		Fish w/ Tomatoes and Herbs Brown Rice Roasted Zucchini <i>Fruit or Juice</i>	
All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).													