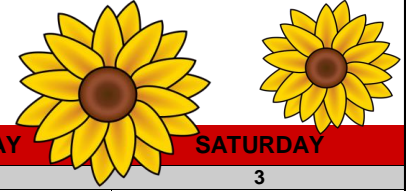
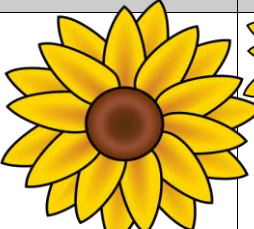



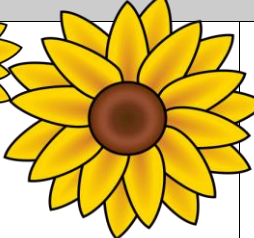


HALAL MENU AUGUST 2024



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
								1		2		3			
										Beef Meatballs w/ Moroccan Tomato Sauce Yellow Rice Stewed Okra and Tomatoes <i>Fruit or Juice</i>		Lemon Chicken Mashed Sweet Potatoes Roasted Zucchini <i>Fruit or Juice</i>		Baked Breaded Fish w/ Homemade Tomato Sauce & Pasta Okra with Tomatoes <i>Fruit or Juice</i>	
4		5		6		7		8		9		10			
Salmon Cakes w/ Dill Lemon Sauce Roasted Sweet Potato Slices Braised Red Cabbage <i>Fruit or Juice</i>		Baked White Fish with Garlic Crumb Crust Cilantro Lime Rice Vegetable Mix <i>Fruit or Juice</i>		Turkey Burger w/ Moroccan Tomato Sauce Creamy Spinach Spiced Sweet Potatoes <i>Fruit or Juice</i>		Aromatic Lentil Stew with Carrots and Turnips Rice Pilaf Steamed Green Beans <i>Fruit or Bar</i>		Beef Keema Cauliflower and Potatoes Steamed Okra <i>Fruit or Juice</i>		Curried Chicken Legs Cous Cous Capri Blend Vegetables <i>Fruit or Juice</i>		Crispy Oven Baked Falafel Patties Jeera Rice Roasted Zucchini <i>Fruit or Juice</i>			
11		12		13		14		15		16		17			
Stuffed Cabbage with Turkey Toasted Barley with Mushrooms Steamed Carrots <i>Fruit or Juice</i>		Fish with Tomatoes and Herbs Jeera Rice Kale in Garlic Sauce <i>Fruit or Juice</i>		Chicken Shawarma Spiced Majadra Capri Blend Vegetables <i>Fruit or Juice</i>		Sweet and Sour Chicken Meatballs Kasha Varnishkes Steamed Carrots <i>Fruit or Juice</i>		Beef Meatballs w/ Moroccan Tomato Sauce Yellow Rice Stewed Okra and Tomatoes <i>Fruit or Juice</i>		Lemon Chicken Mashed Sweet Potatoes Steamed Green Beans <i>Fruit or Juice</i>		Cumin Spiced Chickpea and Tomato Stew White Rice Roasted Zucchini <i>Fruit or Juice</i>			
18		19		20		21		22		23		24			
Baked Breaded Fish w/ Dill Lemon Sauce Roasted Butternut Squash California Blend Vegetables <i>Fruit or Juice</i>		Baked White Fish with Garlic Crumb Crust Cilantro Lime Rice Vegetable Mix <i>Fruit or Juice</i>		Turkey Burger w/ Moroccan Tomato Sauce Creamy Spinach Spiced Sweet Potatoes <i>Fruit or Juice</i>		Aromatic Lentil Stew with Carrots and Turnips Rice Pilaf Steamed Green Beans <i>Fruit or Juice</i>		Beef Keema Cauliflower and Potatoes Steamed Okra <i>Fruit or Juice</i>		Curried Chicken Legs Cous Cous Capri Blend Vegetables <i>Fruit or Juice</i>		Crispy Oven Baked Falafel Patties Jeera Rice Steamed Carrots <i>Fruit or Juice</i>			
25		26		27		28		29		30		31			
Turkey Meatballs w/ Homemade Tomato Sauce & Pasta Roasted Zucchini <i>Fruit or Juice</i>		Turkey Burger w/ Brown Gravy Jeera Rice Roasted Zucchini <i>Fruit or Juice</i>		Chicken Shawarma Spiced Majadra Capri Blend Vegetables <i>Fruit or Juice</i>		Cumin Spiced Chickpea and Tomato Stew White Rice California Blend Vegetables <i>Fruit or Juice</i>		Beef Meatballs w/ Moroccan Tomato Sauce Cous Cous Steamed Carrots <i>Fruit or Juice</i>		Lemon Chicken Mashed Sweet Potatoes Steamed Green Beans <i>Fruit or Juice</i>		Baked Breaded Fish Roasted Butternut Squash Okra with Tomatoes <i>Fruit or Juice</i>			

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).