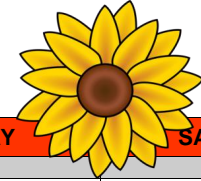
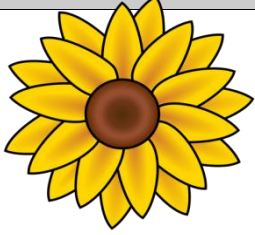

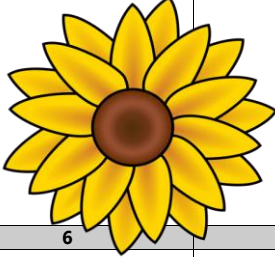



AUGUST 2024 - HOT STANDARD MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		 		1	2	3
4	5	6	7	8	9	10
Cauliflower Fried Rice with Tofu and Edamame Beets and Baby Carrots with Dill <i>Fruit or Juice</i>	Coconut Curried Chicken Breast with Vegetables Rice and Beans Normandy Blend <i>Fruit or Juice</i>	BBQ Pork Chops Baked Sweet Potato Steamed Broccoli <i>Fruit or Juice</i>	Eggplant Chickpea Tagine Baked Brown Rice Pilaf California Blend Vegetables <i>Fruit or Juice</i>	Chicken Meatballs w/ Mushroom Gravy Egg Noodles Steamed Sliced Carrots <i>Fruit or Juice</i>	Baked Fish with Rustic Tomato Sauce Cous Cous California Blend Vegetables <i>Fruit or Juice</i>	Cheese Lasagna Rollups w/ Tomato Sauce Broccoli and Red Peppers Steamed Green Beans <i>Fruit or Juice</i>
11	12	13	14	15	16	17
Beef Meatballs in Tomato Sauce Cous Cous Steamed Green Beans <i>Fruit or Juice</i>	Cheese Lasagna Rollups w/ Tomato Sauce Bulgur Salad Steamed Cauliflower Steamed Sliced Carrots <i>Fruit or Juice</i>	Vegetarian Three Bean Chili Baked Brown Rice Pilaf Steamed Carrots <i>Fruit or Juice</i>	Beef Meatloaf with Mushroom Gravy Mashed Potatoes California Blend Vegetables <i>Fruit or Juice</i>	Smokey Black Bean and Sweet Potato Chili Winter Blend Vegetables <i>Fruit or Juice</i>	Spanish Style Baked Fish Couscous with Peas and Lemon Spiced Mixed Vegetables <i>Fruit or Juice</i>	Mexican Style Chicken Thighs and Rice Steamed Broccoli Steamed Green Beans <i>Fruit or Juice</i>
18	19	20	21	22	23	24
Cheese Tortellini w/ Alfredo Sauce Capri Blend Vegetables <i>Fruit or Juice</i>	Classic Chicken Cacciatore Orzo Prince Edward Blend Vegetables <i>Fruit or Juice</i>	Comforting Red Lentil Bolognese Normandy Blend <i>Fruit or Juice</i>	Chicken Kofta w/ Tomato Curry Cous Cous Steamed Cauliflower <i>Fruit or Juice</i>	Chili con Carne Perfect White Rice Baby Carrots with Parsley <i>Fruit or Juice</i>	Baked Fish Marsala with Mushrooms Steamed Green Beans <i>Fruit or Juice</i>	BBQ Pork Chops Baked Sweet Potato California Blend Vegetables <i>Fruit or Juice</i>
25	26	27	28	29	30	31
Sweet and Sour Chicken Meatballs Egg Barley with Mushrooms Steamed Broccoli <i>Fruit or Juice</i>	Beef Meatballs in Tomato Sauce & Penne Capri Blend Vegetables <i>Fruit or Juice</i>	Grilled Chicken Breast w/ Mushroom Gravy Steamed Spinach Stewed Tomatoes <i>Fruit or Juice</i>	Spiced Lentil and Sweet Potato Curry Pearled Barley Beets and Baby Carrots with Dill <i>Fruit or Juice</i>	Chicken Scallopini Fettucini with Sauce Broccoli and Red Peppers <i>Fruit or Juice</i>	Teriyaki Baked Fish Rice Pilaf California Blend Vegetables <i>Fruit or Juice</i>	Whole Wheat Macaroni and Cheese Capri Blend Vegetables Steamed Green Beans <i>Fruit or Juice</i>

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).