








 AUGUST 2024 - FROZEN STANDARD MENU  						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
1	2	3	4	5	6	7
Beef Meatballs in Tomato Sauce Cook/Cook Steamed Green Beans <i>Fruit or Juice</i>	Cheese Lasagna Rings w/ Tomato Sauce Steamed Carrots Steamed Green Beans <i>Fruit or Juice</i>	Vegetarian Three Bean Chili Steamed Broccoli Steamed Cauliflower <i>Fruit or Juice</i>	Beef Meatloaf with Mushroom Gravy Smashed Red Potatoes California Brand Vegetables <i>Fruit or Juice</i>	Smoky Black Bean and Sweet Potato Chili Winter Blend Vegetables <i>Fruit or Juice</i>	Baked Breaded Fish with Vegetables Capri Brand Egg Noodles Vegetables Kale with Tomato <i>Fruit or Juice</i>	Chicken Stir Fry with Vegetables Pearled Barley Vegetable Mix <i>Fruit or Juice</i>
8	9	10	11	12	13	14
Cheese Tortellini w/ Alfredo Sauce Cook/Cook Capri Brand Vegetables <i>Fruit or Juice</i>	Classic Chicken Cacciatore Onion Prego Edward Brand Vegetables <i>Fruit or Juice</i>	Comforting Red Lentil Bolognese Baked Brown Rice Puff Steamed Green Beans <i>Fruit or Juice</i>	Chicken Kofta w/ Tomato Curry Cook/Cook Steamed Cauliflower <i>Fruit or Juice</i>	Chili con Carne Perfect White Rice Baby Carrots with Parsley <i>Fruit or Juice</i>	Baked Fish with Vegetables Italian Brand Vegetables <i>Fruit or Juice</i>	BBQ Pork Chops Baked Sweet Potato Nonstarchy Bread <i>Fruit or Juice</i>
15	16	17	18	19	20	21
Sweet and Sour Chicken Meatballs Toasted Barley with Mushrooms Steamed Broccoli <i>Fruit or Juice</i>	Beef Meatballs in Tomato Sauce Cook/Cook Steamed Cauliflower <i>Fruit or Juice</i>	Grilled Chicken Breast w/ Mushroom Gravy Carb-down Rice and Red Beans Steamed Spinach Steamed Tomatoes <i>Fruit or Juice</i>	Spiced Lentil and Sweet Potato Curry Toasted Barley Beans and Baby Carrots with Oil <i>Fruit or Juice</i>	Chicken Scatolini Pasta with Sauce Broccoli and Red Peppers <i>Fruit or Juice</i>	Teriyaki Glazed Fish Vegetable Mix <i>Fruit or Juice</i>	Homestyle Vegan Whole Grain Mac and Cheese Capri Brand Vegetables Steamed Green Beans <i>Fruit or Juice</i>
22	23	24	25	26	27	28
Cheese Ravioli w/ Tomato Sauce California Brand Vegetables <i>Fruit or Juice</i>	Stuffed Shells w/ Tomato Sauce Baby Carrots with Parsley <i>Fruit or Juice</i>	Honey Mustard Chicken Drumsticks Baked Sweet Potato Steamed Broccoli California Brand Vegetables <i>Fruit or Juice</i>	Comforting Lentil and Bean Chili Toasted Barley with Mushrooms California Brand Vegetables <i>Fruit or Juice</i>	Chicken Fricassee Yellow Rice Nonstarchy Bread <i>Fruit or Juice</i>	Homemade Coconut Breaded Fish Cuban Black Beans Steamed Cauliflower <i>Fruit or Juice</i>	Baked Ziti with Cheese Steamed Carrots Steamed Green Beans <i>Fruit or Juice</i>
29	30	31				