



## JUNE 2024 - HOT STANDARD MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						 
1	2	3	4	5	6	7
<b>Cheese Ravioli W/ Tomato Sauce</b> California Blend Vegetables <i>Fruit or Juice</i>	<b>Beef Meat Sauce with Peppers and Onions</b> <b>Stuffed Shells W/ Cheese</b> California Blend Vegetables <i>Fruit or Juice</i>	<b>Honey Mustard Chicken Drumstick</b> Orzo Steamed Cauliflower Steamed Green Beans <i>Fruit or Juice</i>	<b>Comforting Lentil and Bean Chili</b> Egg Barley with Mushrooms Normandy Blend <i>Fruit or Juice</i>	<b>Chicken Francaise</b> Yellow Rice Capri Blend Vegetables <i>Fruit or Juice</i>	<b>Homemade Coconut Breaded Fish</b> Broccoli and Red Peppers Cuban Black Beans <i>Fruit or Juice</i>	<b>Baked Ziti W/ Ricotta</b> Steamed Carrots Steamed Green Beans <i>Fruit or Juice</i>
8	9	10	11	12	13	14
15						

<p><b>Cheese Lasagna Rollups</b> Italian Blend Vegetables <i>Fruit or Juice</i></p>	<p><b>BBQ Chicken Breasts</b> Black Beans and Rice Italian Blend Vegetables <i>Fruit or Juice</i></p>	<p><b>Brown Stew Chicken</b> Steamed Cauliflower Yellow Plantains <i>Fruit or Juice</i></p>	<p><b>Caribbean Curry with Chickpeas and Spinach</b> Baked Brown Rice Pilaf Normandy Blend <i>Fruit or Juice</i></p>	<p><b>Sweet and Sour Pork W/ Pineapple</b> California Blend Vegetables Roasted Potatoes <i>Fruit or Juice</i></p>	<p><b>Baked Fish W/ Rustic Tomato Sauce</b> Cous Cous California Blend Vegetables <i>Fruit or Juice</i></p>	<p><b>Cheese Lasagna Rollups W/ Tomato Sauce</b> Broccoli and Red Peppers Steamed Green Beans <i>Fruit or Juice</i></p>
16	17	18	19	20	21	22
<p><b>Cauliflower Fried Rice with Tofu and Edamame</b> Beets and Baby Carrots with Dill <i>Fruit or Juice</i></p>	<p><b>Coconut Curried Chicken Breast with Vegetables</b> Rice and Beans Normandy Blend <i>Fruit or Juice</i></p>	<p><b>BBQ Pork Chops</b> Baked Sweet Potato Steamed Broccoli <i>Fruit or Juice</i></p>	<p><b>Eggplant Chickpea Tagine</b> Baked Brown Rice Pilaf California Blend Vegetables <i>Fruit or Juice</i></p>	<p><b>Chicken Meatballs W/ Mushroom Gravy</b> Egg Noodles Steamed Sliced Carrots <i>Fruit or Juice</i></p>	<p><b>Breaded Fish Fillet W/ Yogurt Tartar Sauce</b> Sautéed Spinach and Tomatoes <i>Fruit or Juice</i></p>	<p><b>Chicken Stir Fry with Vegetables</b> California Blend Vegetables <i>Fruit or Juice</i></p>
23	24	25	26	27	28	
<p><b>Beef Meatballs in Tomato Sauce</b> Cous Cous Steamed Green Beans <i>Fruit or Juice</i></p>	<p><b>Cheese Lasagna Rollups W/ Tomato Sauce</b> Bulgur Salad Steamed Cauliflower Steamed Sliced Carrots <i>Fruit or Juice</i></p>	<p><b>Vegetarian Three Bean Chili</b> Baked Brown Rice Pilaf Steamed Carrots <i>Fruit or Juice</i></p>	<p><b>Beef Meatloaf W/ Mushroom Gravy</b> California Blend Vegetables Mashed Potatoes <i>Fruit or Juice</i></p>	<p><b>Smokey Black Bean and Sweet Potato Chili</b> Winter Blend Vegetables <i>Fruit or Juice</i></p>	<p><b>Spanish Style Baked Fish</b> Couscous with Peas and Lemon Spiced Mixed Vegetables <i>Fruit or Juice</i></p>	<p><b>Mexican Style Chicken Thighs and Rice</b> Steamed Broccoli Steamed Green Beans <i>Fruit or Juice</i></p>
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<b>Alfredo Sauce</b> <b>Cheese Tortellini</b> Capri Blend Vegetables <i>Butter Juice</i>						
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All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).