

MAY 2024 - HOT STANDARD MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Caribbean Curry w/ Chickpeas and Spinach Baked Brown Rice Pilaf Normandy Blend <i>Fruit or Juice</i>	Sweet and Sour Pork with Pineapple California Blend Vegetables Roasted Potatoes <i>Fruit or Juice</i>	Baked Fish with Rustic Tomato Sauce Cous Cous California Blend Vegetables <i>Fruit or Juice</i>	Cheese Lasagna Rollups w/ Tomato Sauce Broccoli and Red Peppers Steamed Green Beans <i>Fruit or Juice</i>
5	6	7	8	9	10	11
Cauliflower Fried Rice with Tofu and Edamame Beets and Baby Carrots with Dill <i>Fruit or Juice</i>	Coconut Curried Chicken Breast with Vegetables Rice and Beans Normandy Blend <i>Fruit or Juice</i>	BBQ Pork Chops Baked Sweet Potato Steamed Broccoli <i>Fruit or Juice</i>	Eggplant Chickpea Tagine Baked Brown Rice Pilaf California Blend Vegetables <i>Fruit or Juice</i>	Chicken Meatballs w/ Mushroom Gravy Egg Noodles Steamed Sliced Carrots <i>Fruit or Juice</i>	Breaded Fish Fillet w/ Yogurt Tartar Sauce Sauteed Spinach and Tomatoes <i>Fruit or Juice</i>	Chicken Stir Fry with Vegetables California Blend Vegetables <i>Fruit or Juice</i>
12	13	14	15	16	17	18
Beef Meatballs in Tomato Sauce Cous Cous Steamed Green Beans <i>Fruit or Juice</i>	Cheese Lasagna Rollups w/ Tomato Sauce Bulgur Salad Steamed Cauliflower Steamed Sliced Carrots <i>Fruit or Juice</i>	Vegetarian Three Bean Chili Baked Brown Rice Pilaf Steamed Carrots <i>Fruit or Juice</i>	Beef Meatloaf with Mushroom Gravy California Blend Vegetables Mashed Potatoes <i>Fruit or Juice</i>	Smokey Black Bean and Sweet Potato Chili Winter Blend Vegetables <i>Fruit or Juice</i>	Spanish Style Baked Fish Couscous with Peas and Lemon Spiced Mixed Vegetables <i>Fruit or Juice</i>	Mexican Style Chicken Thighs and Rice Steamed Broccoli Steamed Green Beans <i>Fruit or Juice</i>
19	20	21	22	23	24	25
Alfredo Sauce Cheese Tortellini Capri Blend Vegetables <i>Fruit or Juice</i>	Classic Chicken Cacciatore Orzo Prince Edward Blend Vegetables <i>Fruit or Juice</i>	Comforting Red Lentil Bolognese Normandy Blend <i>Fruit or Juice</i>	Chicken Kofta w/ Tomato Curry Cous Cous Steamed Cauliflower <i>Fruit or Juice</i>	Chili con Carne Perfect White Rice Baby Carrots with Parsley <i>Fruit or Juice</i>	Baked Fish Marsala with Mushrooms Steamed Green Beans Yellow Plantains <i>Fruit or Juice</i>	BBQ Pork Chops Baked Sweet Potato California Blend Vegetables <i>Fruit or Juice</i>
26	27	28	29	30	31	
Sweet and Sour Chicken Meatballs Egg Barley with Mushrooms Steamed Broccoli <i>Fruit or Juice</i>	Beef Meatballs in Tomato Sauce Penne Capri Blend Vegetables <i>Fruit or Juice</i>	Grilled Chicken Breast Mushroom Gravy Brown Rice and Red Beans Steamed Spinach Stewed Tomatoes <i>Fruit or Juice</i>	Spiced Lentil and Sweet Potato Curry Pearled Barley Beets and Baby Carrots with Dill <i>Fruit or Juice</i>	Chicken Scallopini Fettucini with Sauce Broccoli and Red Peppers <i>Fruit or Juice</i>	Teriyaki Baked Fish Rice Pilaf California Blend Vegetables <i>Fruit or Juice</i>	