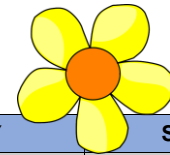
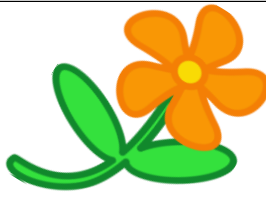
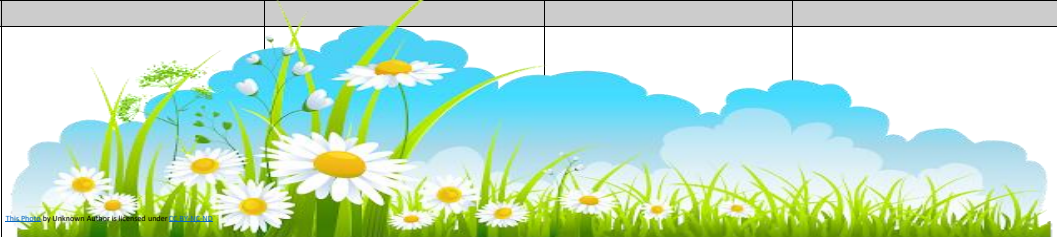


# APRIL 2024 - FROZEN STANDARD MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>Classic Chicken Cacciatore</b> Orzo Prince Edward Blend Vegetables <i>Fruit or Juice</i>	<b>2</b> <b>Comforting Red Lentil Bolognese</b> Baked Brown Rice Pilaf Steamed Green Beans <i>Fruit or Juice</i>	<b>3</b> <b>Chicken Kofta w/ Tomato Curry</b> Cous Cous Steamed Cauliflower <i>Fruit or Juice</i>	<b>4</b> <b>Chili con Carne</b> Perfect White Rice Baby Carrots with Parsley <i>Fruit or Juice</i>	<b>5</b> <b>Baked Fish Marsala with Mushrooms</b> Italian Blend Vegetables <i>Fruit or Juice</i>	<b>6</b> <b>BBQ Pork Chops</b> Baked Sweet Potato Normandy Blend <i>Fruit or Juice</i>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Sweet and Sour Chicken Meatballs</b> Toasted Barley with Mushrooms Steamed Broccoli <i>Fruit or Juice</i>	<b>Beef Meatballs in Tomato Sauce</b> Cous Cous Steamed Cauliflower <i>Fruit or Juice</i>	<b>Grilled Chicken Breast Mushroom Gravy</b> Caribbean Rice and Red Beans Steamed Spinach Stewed Tomatoes <i>Fruit or Juice</i>	<b>Spiced Lentil and Sweet Potato Curry</b> Pearled Barley Beets and Baby Carrots with Dill <i>Fruit or Juice</i>	<b>Chicken Scallopini</b> Fettucini with Sauce Broccoli and Red Peppers <i>Fruit or Juice</i>	<b>Teriyaki Glazed Fish</b> Vegetable Mix <i>Fruit or Juice</i>	<b>Homestyle Vegan Whole Grain Mac and Cheese</b> Capri Blend Vegetables Steamed Green Beans <i>Fruit or Juice</i>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>Cheese Ravioli w/ Tomato Sauce</b> California Blend Vegetables <i>Fruit or Juice</i>	<b>Stuffed Shells Tomato Sauce</b> Baby Carrots with Parsley <i>Fruit or Juice</i>	<b>Honey Mustard Chicken Drumstick</b> Baked Sweet Potato Steamed Broccoli <i>Fruit or Juice</i>	<b>Comforting Lentil and Bean Chili</b> Toasted Barley with Mushrooms California Blend Vegetables <i>Fruit or Juice</i>	<b>Chicken Fricassee</b> Yellow Rice Normandy Blend <i>Fruit or Juice</i>	<b>Homemade Coconut Breaded Fish</b> Cuban Black Beans Steamed Cauliflower <i>Fruit or Juice</i>	<b>Baked Ziti with Cheese</b> Steamed Carrots Steamed Green Beans <i>Fruit or Juice</i>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Cheese Lasagna Rollups</b> Italian Blend Vegetables <i>Fruit or Juice</i>	<b>BBQ Chicken Breasts</b> Cuban Black Beans and Brown Rice Italian Blend Vegetables <i>Fruit or Juice</i>	<b>Stewed Chicken Breast</b> California Blend Vegetables Kale with Tomato <i>Fruit or Juice</i>	<b>Caribbean Curry with Chickpeas and Spinach</b> Baked Brown Rice Pilaf Normandy Blend <i>Fruit or Juice</i>	<b>Sweet and Sour Pork Chop</b> Collard Greens with Tomato Garlic and Rosemary Roasted Potatoes <i>Fruit or Juice</i>	<b>Baked Fish with Rustic Tomato Sauce</b> Cous Cous California Blend Vegetables <i>Fruit or Juice</i>	<b>Cheese Lasagna Rollups w/ Tomato Sauce</b> Broccoli and Red Peppers Steamed Green Beans <i>Fruit or Juice</i>
<b>28</b>	<b>29</b>	<b>30</b>				
<b>Cauliflower Fried Rice with Tofu and Edamame</b> Beets and Baby Carrots with Dill <i>Fruit or Juice</i>	<b>Coconut Curried Chicken Breast with Vegetables</b> Rice and Beans Normandy Blend <i>Fruit or Juice</i>	<b>BBQ Pulled Pork</b> Baked Sweet Potato Steamed Broccoli <i>Fruit or Juice</i>				

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).