



# MARCH 2024 - HOT STANDARD MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>HAPPY GO LUCKY</b>		1 <b>Homemade Coconut Breaded Fish</b> Broccoli and Red Peppers Cuban Black Beans <i>Fruit or Juice</i>	2 <b>Baked Ziti w/ Cheese</b> Steamed Carrots Steamed Green Beans <i>Fruit or Juice</i>
3	4	5	6	7	8	9
	<b>BBQ Chicken Breasts</b> Cuban Black Beans and Brown Rice Italian Blend Vegetables <i>Fruit or Juice</i>	<b>Stewed Chicken Breast</b> Steamed Cauliflower Yellow Plantains <i>Fruit or Juice</i>	<b>Quick Coconut Curry with Chickpeas and Spinach</b> Baked Brown Rice Pilaf Normandy Blend <i>Fruit or Juice</i>	<b>Sweet and Sour Pork Chop</b> Garlic and Rosemary Roasted Potatoes California Blend Vegetables <i>Fruit or Juice</i>	<b>Baked Fish with Rustic Tomato Sauce</b> Cous Cous Vegetable Mix <i>Fruit or Juice</i>	<b>Cheese Lasagna Rollups w/ Tomato Sauce</b> Broccoli and Red Peppers Steamed Green Beans <i>Fruit or Juice</i>
	11	12	13	14	15	16
	<b>Coconut Curried Chicken Breast with Vegetables</b> Rice and Beans Normandy Blend <i>Fruit or Juice</i>	<b>BBQ Pulled Pork</b> Baked Sweet Potato Steamed Broccoli <i>Fruit or Juice</i>	<b>Moroccan Eggplant, Chickpea, and Tomato Stew</b> Brown Rice California Blend Vegetables <i>Fruit or Juice</i>	<b>Chicken Meatballs w/ Mushroom Gravy</b> Egg Noodles Steamed Sliced Carrots <i>Fruit or Juice</i>	<b>Breaded Fish Fillet Yogurt Tartar Sauce</b> Kale with Tomato Yellow Plantains <i>Fruit or Juice</i>	<b>Chicken Stir Fry with Vegetables</b> Pearled Barley Vegetable Mix <i>Fruit or Juice</i>
7	18	19	20	21	22	23
	<b>Cheese Lasagna Rollups</b> Steamed Carrots Steamed Cauliflower <i>Fruit or Juice</i>	<b>Vegetarian Three Bean Chili</b> Baked Brown Rice Pilaf Steamed Carrots <i>Fruit or Juice</i>	<b>Beef Meatloaf w/ Mushroom Gravy</b> Smashed Red Potatoes California Blend Vegetables <i>Fruit or Juice</i>	<b>Black Bean and Sweet Potato Chili</b> Winter Blend Vegetables <i>Fruit or Juice</i>	<b>Spanish Style Baked Fish</b> Couscous with Peas and Lemon Spiced Mixed Vegetables <i>Fruit or Juice</i>	<b>Mexican Style Chicken Thighs and Rice</b> Steamed Broccoli Steamed Green Beans <i>Fruit or Juice</i>
4	25	26	27	28	29	30
	<b>Chicken Cacciatore</b> Orzo Prince Edward Blend Vegetables <i>Fruit or Juice</i>	<b>Red Lentil Bolognese</b> Normandy Blend <i>Fruit or Juice</i>	<b>Chicken Kofta w/ Tomato Curry</b> Cous Cous Steamed Cauliflower <i>Fruit or Juice</i>	<b>Chili con Carne</b> Perfect White Rice Baby Carrots with Parsley <i>Fruit or Juice</i>	<b>Baked Fish Marsala with Mushrooms</b> Steamed Green Beans Yellow Plantains <i>Fruit or Juice</i>	<b>BBQ Pork Chops</b> Baked Sweet Potato California Blend Vegetables <i>Fruit or Juice</i>
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