



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				<p>Chicken Meatballs w/ Mushroom Gravy Egg Noodles Steamed Sliced Carrots <i>Fruit or Juice</i></p>	<p>Breaded Fish Fillet w/ Yogurt Tartar Sauce Kale with Tomato Yellow Plantains <i>Fruit or Juice</i></p>	<p>Chicken Stir Fry with Vegetables Pearled Barley Vegetable Mix <i>Fruit or Juice</i></p>
				4	5	6
				7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
	<p>Chicken Cacciatore Orzo Prince Edward Blend Vegetables <i>Fruit or Juice</i></p>	<p>Red Lentil Bolognese Normandy Blend <i>Fruit or Juice</i></p>	<p>Chicken Kofta w/ Tomato Curry Cous Cous Steamed Cauliflower <i>Fruit or Juice</i></p>	<p>Chili con Carne Perfect White Rice Baby Carrots with Parsley <i>Fruit or Juice</i></p>	<p>Baked Fish Marsala with Mushrooms Steamed Green Beans Yellow Plantains <i>Fruit or Juice</i></p>	<p>BBQ Pork Chops Baked Sweet Potato California Blend Vegetables <i>Fruit or Juice</i></p>
<p>Beef Meatballs in Tomato Sauce Cous Cous Steamed Cauliflower <i>Fruit or Juice</i></p>	<p>Grilled Chicken Breast w/ Mushroom Gravy Rice and Red Beans Steamed Spinach Stewed Tomatoes <i>Fruit or Juice</i></p>	<p>Spiced Lentil and Sweet Potato Stew Pearled Barley Beets and Baby Carrots with Dill <i>Fruit or Juice</i></p>	<p>Chicken Scallopini Broccoli and Red Peppers Glazed Sweet Potatoes <i>Fruit or Juice</i></p>	<p>Teriyaki Baked Fish Rice Pilaf California Blend Vegetables <i>Fruit or Juice</i></p>	<p>Amazing Vegan Whole Grain Mac and Cheese Capri Blend Vegetables Steamed Green Beans <i>Fruit or Juice</i></p>	
<p>Stuffed Shells w/ Homemade Tomato Sauce Baby Carrots with Parsley <i>Fruit or Juice</i></p>	<p>Honey Mustard Chicken Drumstick Orzo Steamed Green Beans <i>Fruit or Juice</i></p>	<p>Lentil Chili Egg Barley with Mushrooms Normandy Blend <i>Fruit or Juice</i></p>	<p>Chicken Francaise Yellow Rice Capri Blend Vegetables <i>Fruit or Juice</i></p>			