



KOSHER HOT MENU - FEBRUARY 2024

MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS



SUNDAY

MONDAY

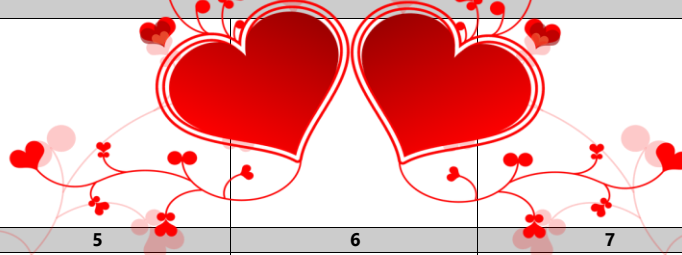
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

2

3

Black-Eyed Pea Masala
White Rice
Steamed Green Beans
Fruit or Juice

Roasted Chicken
Potato Kugel
Carrot Tzimmis
Fruit or Juice

Egg Salad
Corn, Black Bean
and Pepper Salad
Red Cabbage Salad
Fruit or Juice

4

5

6

7

8

9

10

Turkey Burger w/ Baked Onions
Spiced Sweet Potatoes
Creamy Spinach
Fruit or Juice

Chicken Patty Peppers and Onions Stewed Tomatoes
Kasha Varnishkes
Italian Blend Vegetables
Fruit or Juice

Breaded Fish Fillet Dill Lemon Sauce Sautéed Spinach
California Blend Vegetables
Roasted Butternut Squash
Fruit or Juice

Beef and Chicken Meatloaf w/ Mushroom Gravy
Cous Cous
Steamed Carrots
Fruit or Juice

Classic Black Bean Stew
Brown Rice
Steamed Green Beans
Fruit or Juice

BBQ Chicken
Toasted Acini de Pepe with Onions
Winter Blend Vegetables
Fruit or Juice

Tuna Salad
Macaroni and Pea Salad
Coleslaw
Fruit or Juice

11

12

13

14

15

16

17

Turkey Meatballs w/ Sweet and Sour Sauce & Pasta
Roasted Beets
Fruit or Juice

Stuffed Cabbage with Turkey
Toasted Acini de Pepe with Onions
Sautéed Zucchini
Fruit or Juice

Baked Breaded Fish Fillets w/ Mustard Fish Sauce
Vegetable Lo Mein
Oriental Blend Vegetables
Fruit or Juice

Beef Stroganoff w/ Stroganoff Sauce
Egg Noodles
Braised Red Cabbage
Fruit or Juice

Vegetarian TVP Bolognese w/ Homemade Tomato Sauce & Pasta
Winter Blend Vegetables
Fruit or Juice

Roasted Chicken
Carrot Tzimmis
Potato Kugel
Fruit or Juice

Gefilte Fish
Corn, Black Bean
and Pepper Salad
Red Cabbage Salad
Fruit or Juice

18

19

20

21

22

23

24

Swedish Meatballs with Turkey
Kasha Varnishkes
Steamed Green Beans
Fruit or Juice

Chicken Patty Kiev Sauce Sautéed Spinach
Rice Pilaf
Steamed Sliced Carrots
Fruit or Juice

Baked Fish Oreganata
Smashed Red Potatoes
Kale in Garlic Sauce
Fruit or Juice

Baked Falafel Patties
Jeera Rice
Roasted Beets
Fruit or Juice

Curry Chickpea Stew
Brown Rice
Roasted Zucchini
Fruit or Juice

Baked Asian Style Honey Chicken
Roasted Butternut Squash
Oriental Blend Vegetables
Fruit or Juice

Tuna Salad
Macaroni and Pea Salad
Coleslaw
Fruit or Juice

25

26

27

28

29

Turkey Meatloaf w/ Peppers and Onions
Mashed Sweet Potatoes
Spinach in Garlic Sauce
Fruit or Juice

Stuffed Cabbage with Turkey
Toasted Barley with Mushrooms
Roasted Beets
Fruit or Juice

Teriyaki Glazed Fish
Vegetable Lo Mein
Oriental Blend Vegetables
Fruit or Juice

Meat Sauce w/ Pasta
Italian Blend Vegetables
Fruit or Juice

Veggie Griller Burger w/ Cuban Black Beans
Brown Rice
Kale in Garlic Sauce
Fruit or Juice

HAPPY VALENTINE'S DAY

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).