

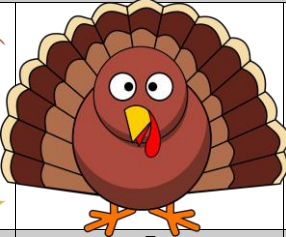




KOSHER HOT MENU - NOVEMBER 2023

MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
5		6		7		8		9		10		11	
 Turkey Meat Sauce Creamy Spinach <i>Fruit or Juice</i>		 Chicken Kotleti Mashed Butternut Squash Roasted Beets <i>Fruit or Juice</i>		 Fish with Tomatoes and Herbs w/ Brown Rice Italian Blend Vegetables <i>Fruit or Juice</i>		Beef and Chicken Meatballs Homemade Tomato Sauce w/ Pasta Sauteed Zucchini <i>Fruit or Juice</i>		Mediterranean Lentil Stew Kale in Garlic Sauce Steamed Green Beans <i>Fruit or Juice</i>		Roasted Chicken w/ Brown Gravy Roasted Potatoes Steamed Carrots <i>Fruit or Juice</i>		Tuna Salad Macaroni and Pea Salad Coleslaw <i>Fruit or Juice</i>	
Turkey Burger w/ Baked Onions Creamy Spinach Spiced Sweet Potatoes <i>Fruit or Juice</i>		Chicken Patty Peppers and Onions Stewed Tomatoes Kasha Varnishkes Italian Blend Vegetables <i>Fruit or Juice</i>		Baked Fish Fillet w/ Dill Lemon Sauce Roasted Butternut Squash California Blend Vegetables <i>Fruit or Juice</i>		Beef and Chicken Meatloaf w/ Mushroom Gravy Cous Cous Steamed Carrots <i>Fruit or Juice</i>		Classic Black Bean Stew Brown Rice Steamed Green Beans <i>Fruit or Juice</i>		BBQ Chicken Toasted Acini de Pepe with Onions Winter Blend Vegetables <i>Fruit or Juice</i>		Tuna Salad Macaroni and Pea Salad Coleslaw <i>Fruit or Juice</i>	
Turkey Meatballs w/ Sweet and Sour Sauce and Pasta Roasted Beets <i>Fruit or Juice</i>		Stuffed Cabbage with Turkey Toasted Acini de Pepe with Onions Sauteed Zucchini <i>Fruit or Juice</i>		Baked Breaded Fish Fillets w/Mustard Fish Sauce Spiced Sweet Potatoes Creamy Spinach <i>Fruit or Juice</i>		Beef Stroganoff w/ Stroganoff Sauce Egg Noodles Braised Red Cabbage <i>Fruit or Juice</i>		Thanksgiving		Roasted Chicken Potato Kugel Carrot Tzimmes <i>Fruit or Juice</i>		Gefilte Fish Corn, Black Bean and Pepper Salad Red Cabbage Salad <i>Fruit or Juice</i>	

<p>Swedish Meatballs with Turkey Kasha Varnishkes Steamed Green Beans <i>Fruit or Juice</i></p>	<p>Chicken Patty w/Kiev Sauce Sauteed Spinach Rice Pilaf Steamed Sliced Carrots <i>Fruit or Juice</i></p>	<p>Baked Fish Oreganata Smashed Red Potatoes Kale in Garlic Sauce <i>Fruit or Juice</i></p>	<p>Baked Falafel Patties Jeera Rice Roasted Beets <i>Fruit or Juice</i></p>	<p>Curry Chickpea Stew Brown Rice Roasted Zucchini <i>Fruit or Juice</i></p>	
<p>All meals will be accompanied by a carton of milk, whole wheat bread, margarine. Fruit OR juice varies per day.</p>					