





# KOSHER HOT MENU - JUNE 2023

\*\*\*MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS\*\*\*



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
								1		2		3	
								Stuffed Cabbage with Beef Toasted Barley and Onion Steamed Carrots		Hawaiian Chicken Haluski Capri Blend Vegetables		Egg Salad Orzo with Vegetables Cucumber Salad	
4		5		6		7		8		9		10	
Stuffed Shells with Cheese Steamed Peas		Fish with Tomatoes and Herbs Jeera Rice Vegetables Mix (non-starchy)		Chicken Kotleti Roasted Beets/ Smashed Red Potatoes		Black Beans and Mushrooms Vegan Burger Cous Cous Creamy Spinach (Dairy Free)		Italian Meatballs and Turkey Pasta Green Beans		Roasted Chicken Carrot Tzimmes and Potato Kugel		Gelfite Fish Tricolor Pasta Salad Coleslaw	
11		12		13		14		15		16		17	
Cheese Blintzes Prince Edward Blend Vegetables/ Roasted Butternut Squash		Baked Breaded Fish Fillets with Dill Lemon Roasted Butternut Squash/ Winter Blend Vegetables		Turkey Meat in Sauce Pasta Italian Blend Vegetables		Vegan Stuffed Bell Peppers Cous Cous Steamed Carrots		Beef Meatloaf with Mushroom Gravy Kasha Varnishkes Italian Cut Green Beans		BBQ Chicken Roasted Potatoes / Winter Blend Vegetables		Tuna Fish Salad Corn, Black Beans, and Pepper Salad / Cucumber Salad	
18		19		20		21		22		23		24	
Cheese Lasagna Roll-Ups Mixed Vegetables (starchy) / Sauteed Zucchini		Baked Breaded Fish Fillets with Mustard Fish Sauce Brown Rice and Black Beans Prince Edward Blend Vegetables		Turkey Burger with BBQ sauce Creamy Spinach (Dairy Free)		Vegetarian TVP Bolognese Pasta Italian Blend Vegetables		Kosher Beef Stroganoff Egg Noodles Green Beans		Chicken Shawarma Challah Bread Lentils with Spiced Brown Rice and Caramelized Onions Capri Blend Vegetables		Salmon Salad Whole Wheat Bread Four Bean Salad / Red Cabbage Salad	
25		26		27		28		29		30			
Vegetable Spanish Omelet Home Fries Steamed Carrots		Baked Breaded Fish Fillets with Dill Lemon Rice Pilaf Kale with Garlic Sauce		Chicken Patty with Brown Gavy Smashed Red Potatoes Roasted Beets		Cumin Spiced Chickpea and Tomato Stew White Rice Steamed Green Beans		Stuffed Cabbage with Beef Toasted Barley with Onions Roasted Zucchini		Roasted Chicken Challah Bread Potato Kugel Carrot Tzimmes			

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).