





KOSHER HOT MENU - MAY 2023

MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
		1		2		3		4		5		6	
		Baked Breaded Fish Fillets in Dill Lemon Sauce Roasted Butternut Squash Winter Blend Vegetables		Pasta in Meat Sauce Italian Blend Vegetables		Vegan Stuffed Bell Peppers Cous Cous Steamed Carrots		Beef Meatloaf with Mushroom Gravy Kasha Varnishkes Italian Cut Green Beans		BBQ Chicken Challah Bread Roasted Potatoes Winter Blend Vegetables		Tuna Fish Salad Corn, Black Bean and Pepper Salad Cucumber Salad	
7		8		9		10		11		12		13	
Cheese Lasagna Rollups Mixed Vegetables Sautéed Zucchini		Baked Breaded Fish Fillets with Mustard Fish Sauce Brown Rice and Black Beans Prince Edward Blend Vegetables		BBQ Sauce Turkey Burger Creamy Spinach Spiced Sweet Potatoes		Vegetarian TVP Bolognese w. Pasta Italian Blend Vegetables		Beef Stroganoff Egg Noodles Green Beans		Chicken Shawarma Lentils with Spiced Brown Rice and Caramelized Onions Capri Blend Vegetables		Salmon Salad Four Bean Salad Red Cabbage Salad	
14		15		16		17		18		19		20	
Vegetable Spanish Omelet Home Fries Steamed Carrots		Baked Breaded Fish Fillets with Mustard Fish Sauce Brown Rice and Black Beans Prince Edward Blend Vegetables		Chicken Patty Smashed Red Potatoes Roasted Beets		Cumin Spiced Chickpea and Tomato Stew White Rice Green Beans		Stuffed Cabbage with Beef Toasted Barley and Onion Roasted Zucchini		Roasted Chicken Challah Bread Carrot Tzimmes & Potato Kugel		Gelfite Fish Classic Macaroni Salad Beet Salad	
21		22		23		24		25		26		27	
Cheese Blintzes Italian Blend Vegetables Roasted Butternut Squash		Teriyaki Glazed Fish Chow Fun Noodles Oriental Blend Vegetables		Pasta with Meat Sauce Italian Blend Vegetables		Veggie Burgers Brown Rice Kale with Garlic Sauce		Swedish Meatballs with Beef and Turkey Kasha Varnishkes Sautéed Zucchini		Lemon Chicken Challah Bread Roasted Potatoes Winter Blend Vegetables		Tuna Salad Lentil Salad Beet Salad	
28		29		30		31							
Vegetable Spanish Omelet Home Fries Steamed Carrots		Salmon Cakes Homemade Potatoes Braised Red Cabbage		Baked Onions on Turkey Burger Creamy Spinach Spiced Sweet Potatoes		Lentil Stew with Carrots and Turnips Rice Pilaf Steamed Green Beans							

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).