



KOSHER MENU - March 2023

MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS



SUNDAY							MONDAY							TUESDAY							WEDNESDAY							THURSDAY							FRIDAY							SATURDAY						
																					Chickpea Stew White Rice Green Beans							Stuffed Cabbage with Beef Toasted Barley with Onions Roasted Zucchini							Roasted Chicken Challah Bread Carrot Tzimmes & Potato Kugel							Baked Falafel Patties Jeera Rice (Cumin Spiced Rice) Kale with Garlic Sauce						
Vegetable Spanish Omelet Home Fries Steamed Carrots							Teriyaki Glazed Fish Chow Fun Noodles Oriental Blend Vegetables							Pasta with Meat Sauce Italian Blend Vegetables							Veggie Burgers Brown Rice Kale with Garlic Sauce							Swedish Meatballs with Beef and Turkey Kasha Varnishkes Sauteed Zucchini							Lemon Chicken Challah Bread Roasted Potatoes Winter Blend Vegetables							Stuffed Cabbage with Beef Toasted Barley with Onions Roasted Zucchini						
Stuffed Shells with Cheese Steamed Peas Steamed Yellow Squash							Salmon Cakes Homemade Potatoes Braised Red Cabagge							Baked Onions on Turkey Burger Creamy Spinach Spiced Sweet Potatoes							Lentil Stew with Carrots and Turnips Rice Pilaf Steamed Green Beans							Stuffed Cabbage with Beef Mauzone Toasted Barley and Onion Steamed Carrots							Hawaiian Chicken with Vegetables Haluski (Noodles and Cabbage) Capri Blend Vegetables							Baked Falafel Patties Jeera Rice (Cumin Spiced Rice) Kale with Garlic Sauce						
Cheese Blintzes Prince Edward Blend Vegetables Roasted Butternut Squash							Fish with Tomatoes and Herbs Jeera Rice (Cumin Spiced Rice) Vegetable Mix							Chicken Kotleti (Russian Patties) Roasted Beets Smashed Red Potatoes							Black Beans and Mushroom Vegan Burger Cous Cous Creamy Spinach							Italian Meatballs with Beef and Turkey Pasta Green Beans							Roasted Chicken Challah Bread Carrot Tzimmes & Potato Kugel							Baked Onions Turkey Burger Creamy Spinach Spiced Sweet Potatoes						
Cheese Lasagna Rollups Mixed Vegetables Sauteed Zucchini							Baked Breaded Fish Fillets with Dill Lemon Sauce Rice Pilaf Kale with Garlic Sauce							Turkey Meat Sauce Pasta Italian Blend Vegetables							Vegan Stuffed Bell Peppers Cous Cous Steamed Carrots							Beef Meatloaf with Mushroom Gravy Kasha Varnishkes Italian Cut Green Beans							BBQ Chicken Challah Bread California Blend Vegetables & Roasted Potatoes													

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).